

Mistress Monthly

MARCH 2021

BIMBO TRAINING

Ten smart ways to use dumb Sissies

AT-HOME ROOM SERVICE
PAGE 8

Turn your HIM into a HER with
GASLIGHTING

HYPNO SISSY

An exclusive interview with the world's foremost forced feminization Hypnotist.

INVEST IN BREASTS
A GUIDE TO IMPLANTS

Flowers for Amber Lynn

Genius to Bimbo
in only TEN sessions

PULLING BACK THE CURTAIN

ON THE BRAINLESS BIMBO

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FORMER EMPLOYEE FEATURE

Last year, you may recall that we had to issue a retraction after having misquoted our main interview, Mistress Amara Summers. This editing snafu resulted in our proof-reading editor, Jeremy Pfeiffer, *offering* himself as penance to Mistress Summers. Jeremy now calls himself Jewel Tone and resides in a small cell in the furnished basement of Ms. Summers. We miss you Jewel and we look forward to seeing what has become of you in a future issue.

EDITORIAL

Whole volumes have been written on the importance and virtual necessity to dumbing-down Sissies. While this is common knowledge from everyone that regularly subscribes to Mistress Monthly, we recently discovered that most Mistresses do not fully understand the reasoning behind turning your pet project into an airhead.

So this month, we dedicate this whole issue towards examining the **Bimbo Brain**, and why it is not only helpful for their training, but healthier for their physical, emotional and spiritual well-being.

So join us in our feature story that takes you into the fluffy head-space of a bimbo Sissy.



Bimbo Brain

Most Sissies do not start off expecting to fully live the Sissy life. Most see it as a secret, hidden fetish, good for the occasional fantasy or role play, but little more than that. It is no secret that the World discourages young men from accepting the feminization and servitude pathway. This is changing with time, and magazines like the one you are holding are becoming more and more commonplace among forward thinking men and women whom recognize the value of allowing Sissies to fulfill their natural role.

Hundreds of years of conditioning have created a stigmata for young Sissies to hide their true selves; to pretend that they can function as "Real Men" and experience the world as real men do. As such, their brains are hard-wired to reject their true selves and their true desires.

They are, in fact, gas-lighting. Gas-lighting is the act of making others feel they are going crazy. So they make others feel it is CRAZY to think a young man would be better off in a menial subservient role. It is INSANE to think they would give anyone the ability to lock away and control their tiny appendage. It is MADNESS that any young man would WANT to become a horny and helpless feminine sexpot for use by any and everyone.

But is it?

These Sissies hide away, and pretend that the subservient girl inside of them is just some little fetish, a game that they play when they want to jerk off to something naughty.

Despite their objections to it only being

a fantasy, WE know the truth. It is our job to help them come to terms with the reality that everyone except the Sissy can see and make it the truth.

The problem stems from them pretending to be a *Real Man*. This has led them into a neurotic condition of constantly thinking that they know best. We know this to not be true. Their own decisions constantly undermine their true selves. More often than not, this condition is too far gone to combat with rational argument.

This is why there is a need to gaslight the Sissy back. By undermining and constantly pointing out how dumb they are, they begin to question everything they know: including the *Real Man* gender role that they have so desperately clung to for all these years.

Making them doubt themselves about simple things such as math, history, science, and even their own memory, causes the Sissy to second guess everything they know about themselves. If time after time,



GASLIGHTING



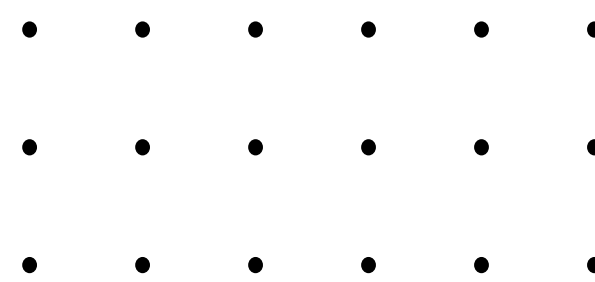
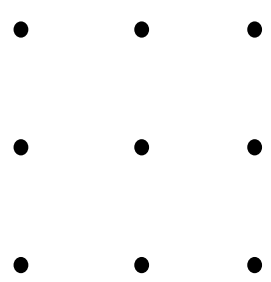
everything he thought he knew is wrong, then obviously those that DO know more than him (and are trying to help him find his true self) must be right about everything... and must be obeyed.

As his body becomes more feminine, his mind should become more receptive. Feeling dumb leads to feeling helpless which leads to being helpless which leads to be subservient and submissive.

There is a tipping point for most Sissies when their Mistresses (or Masters) no longer have to gaslight them. This is because they learn to gaslight themselves. His rapidly declining cognitive skills will begin to make him think that he must be crazy and stupid. He will start to second guess everything that used to be second nature to him and revel in being thought of as a bimbo.

Most all Sissies admit to being thankful for being dumb. It is a tremendous relief to them that they no longer have to think or make decisions. Those that do not feel this way just need to be gaslit a little more.

For a real-world test case of this subject, see our main feature-article "Flowers for Amber Lynn" on Page 26.





ROOM SERVICE

Quarantine and work from home has been rough on all of us. With no travel, restaurants or events to utilize as diversions, it has been rough on both Mistresses and the Sissies in their charge trapped with one another with no means of escape.

The importance and need for creating a safe oasis in the home, free from Zoom meetings, anxiety filled news shows and the worries and anxiety of your Sissy pet is essential.

TIP OF THE MONTH:
Turn your bedroom into a 4-star hotel experience, utilizing your Sissy as servant, maid, call-girl and intrusion.

Going to your bedroom should feel safe, like a warm hug after a day of stress. This is only possible if you have the ability to isolate and retreat.

One of the primary challenges most new married Mistresses face, is the transition from a shared bedroom to one that is completely her own. As a Mistress in the process of feminizing her husband, it is a big step towards diminishing his role as male husband and cementing his life as Sissy servant.



This change used to be something done gradually, but with the recent developments of more time at home, it is important to rip this band-aid off and create a safe and private environment for yourself.

An easy way to do this is to install a bar lock on the inside of your bedroom door. This little \$8 investment from Home Depot, can turn your bedroom from shared space to private hotel room.

Once the precedent has been set that he no longer uses that bedroom, it is easy to adjust behavior that encourages this space to be treated as sacredly yours.

Begin, as with most things, with maid duties. He now makes the bed that you sleep in (as well as his own). He picks clothes up off the floor, he dusts and tidies and cleans your personal bathroom.

If you live in a single bedroom house, do not let this dissuade you from creating this atmosphere. No need for him to have a room of his own and you can schedule time for him to utilize the bathroom (always ensuring that he cleans it properly afterwards).

With maid service being firmly established (always when you're not utilizing the room), utilize your lock to ensure he has to knock to enter.

This is a good time to establish a delivery protocol, such as towels, laundry service and even meals delivered to your door. Remember, he will be required to come gather and clean the dishes as he tidies the next day, so treat this just as your would room service.

With a routine firmly established of going to your bedroom and locking him out, you can now utilize the space as you would a hotel. Watch what you want, dress as you will and should the need strike you, summon him to your bed for any late night carnal cravings you might need from his tongue.



Most Mistresses will even utilize the Sissy for comfort and snuggling, before banishing him for the evening and locking the door behind him.

There are literally no limits to utilizing this situation to your advantage. Having a perfectly maintained bedroom/bathroom/spa will make you feel as if you have a home away from home.

It is also useful to remember that quarantine and isolation will not last forever and having a private, lockable bedroom easily sets you up for entertaining gentleman callers. Most bulls enjoy having dinner and drinks delivered by a Sissy and as your former husband/boyfriend becomes more and more femininely sexy, you will find your invited lovers will enjoy summoning and punishing them in front of you.

What most Mistresses do not fully realize is the mental and emotional toll that being exiled from the bedroom causes in the Sissy Brain.

They often will not fully grasp the depth of this change immediately and hope to earn their way back into your good graces.

As reality slowly sets into their tiny brains, it will already be far too late for them to figure out how to reverse the situation. As with all Sissy training, it is all a matter of baby steps leading them further and further into servitude and submissiveness, and convincing them the entire time that it is the completely natural and correct course for them to take with the rest of their life.

INVEST IN CHESTS

It has been scientifically proven that the larger a Sissy's breasts, the less mentally active they become. Unlike women, with which there is no direct correlation between breast size and intelligence, Sissies seem unable to possess both.

This is why gradually increasing breast size is the optimal way to go when possible. Obviously there is a cost associated with this, but the gradual increase in bust size means a gradual decrease in mental acuity. This allows your Sissy to sink into the role of bimbo without getting shocked by the sudden change.

BOOBS





*DO NOT FORGET THAT
IMPLANTS COME IN
MANY SHAPES AND
SIZES. REVISIONAL
BREAST AUGMENTATION
ALLOWS FOR YOU TO TRY
DIFFERENT TYPES OUT ON
HIM TO SEE WHAT FITS
HIM BEST*



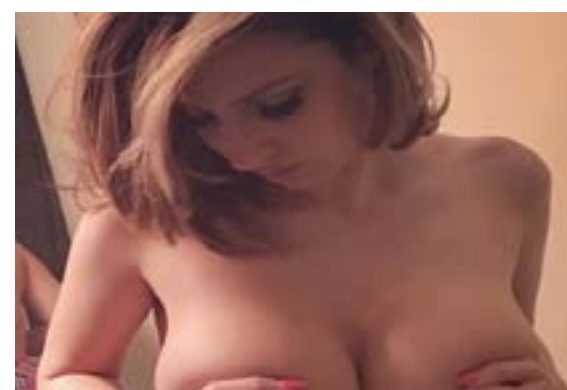
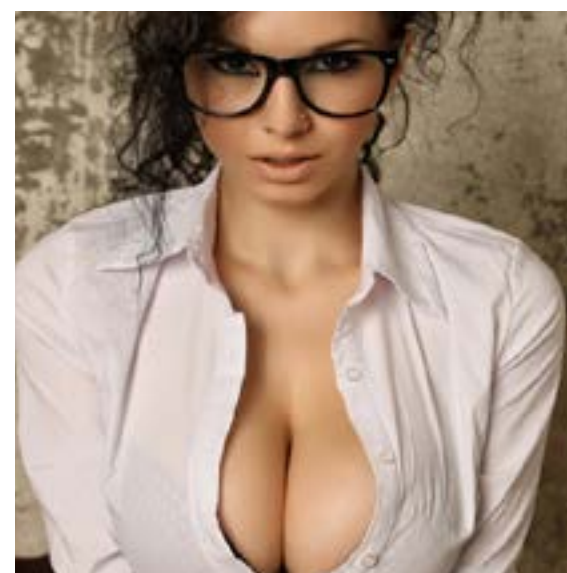
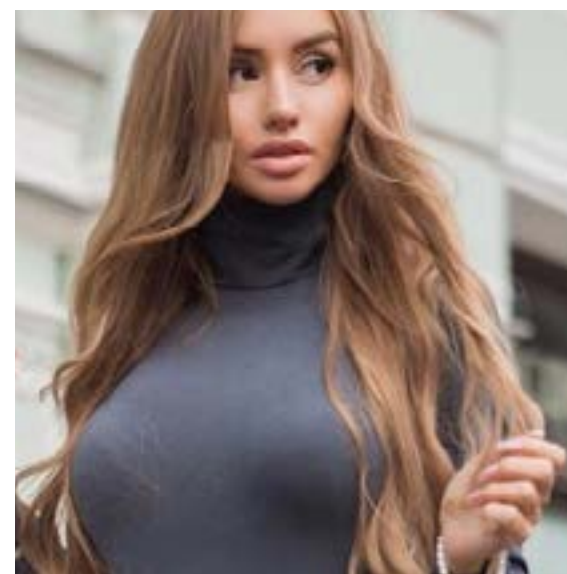
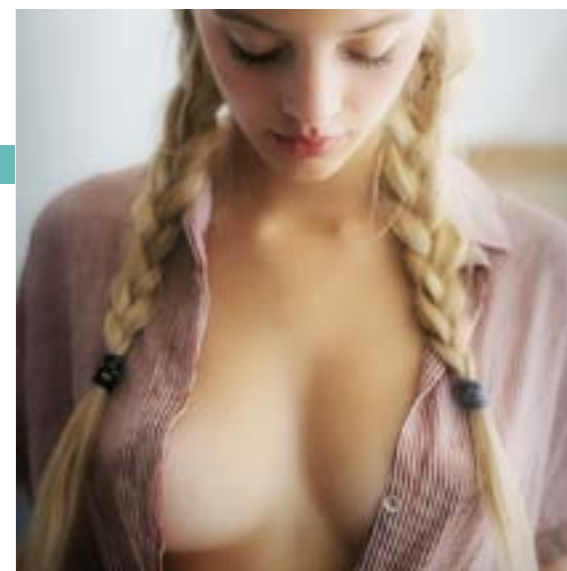
The consequence of breast enhancement on the Sissy psyche has been well documented. While many Sissies fantasize about having breasts, the reality of having them irremovably attached on their chests often causes their little brains to short circuit. You will notice their hands constantly drifting up to feel and play with them. You will notice them slouching to try to diminish them at times (especially when trying to pretend that they have any semblance of masculinity left). You will also notice that they quickly become obsessed with them: looking at them in the mirror, trying on different bras, experimenting with their nipples and taking longer and longer baths and showers in order to feel and inspect them properly. This obsession becomes part of the key component to Sissies losing mental prowess towards other things as their thoughts are so easily distracted by the mounds on their chest.

While more time consuming and expensive, it is more effective and enjoyable to increment breast size (and diminish brain size) in stages.

Starting the Sissy out with hormones to grow small natural breasts of their own is an obvious first step in most Sissy creation.

As they begin to see them protrude from their chest and poke out of their tops, this is a good moment to push the gaslight forward in their brain power devolving. Whenever he objects to any kind of activity, submission or statement, take a moment to comment, compliment or ridicule his developing chest. This derails his arguments and objections and encourages him to focus on an already burgeoning obsession.

As the hormone development begins to plateau, it is a good time to schedule his first surgery. Make sure to tell his surgeon that while he is only getting a small



enhancement to begin with, there are plans for semi-regular incremental upgrades. Most surgeons will approach the operation with intentionality and schedule breast revision surgery visits at six months intervals. These will be listed by most clinics as *checkups*, but because they are sublisted as revision sessions, the table will be ready to increase his size after the evaluation.

Six months is generally a good recoup and adjustment period for each size implant, and his continued hormone treatment will only encourage and lift the support for these new enhancements.

A fun thing to do in an early session is to have him try on all of the *sizer* sample breasts. Letting him imagine what having a giant chest is a great way to inspire terror in him later on as he keeps being forced into larger and larger sizes.

Remember that with each size increase, your goal should be to help constantly draw his focus and attention back to his own breasts. Encourage and enable his obsession with them and each time you catch him distracted by them, call him on it and remind him how much of a bimbo he is. This reinforcement helps not only make him self conscious about his own intellect, but also helps make him feel proud and more comfortable with his growing mammaries.

THE BLONDE FACTOR

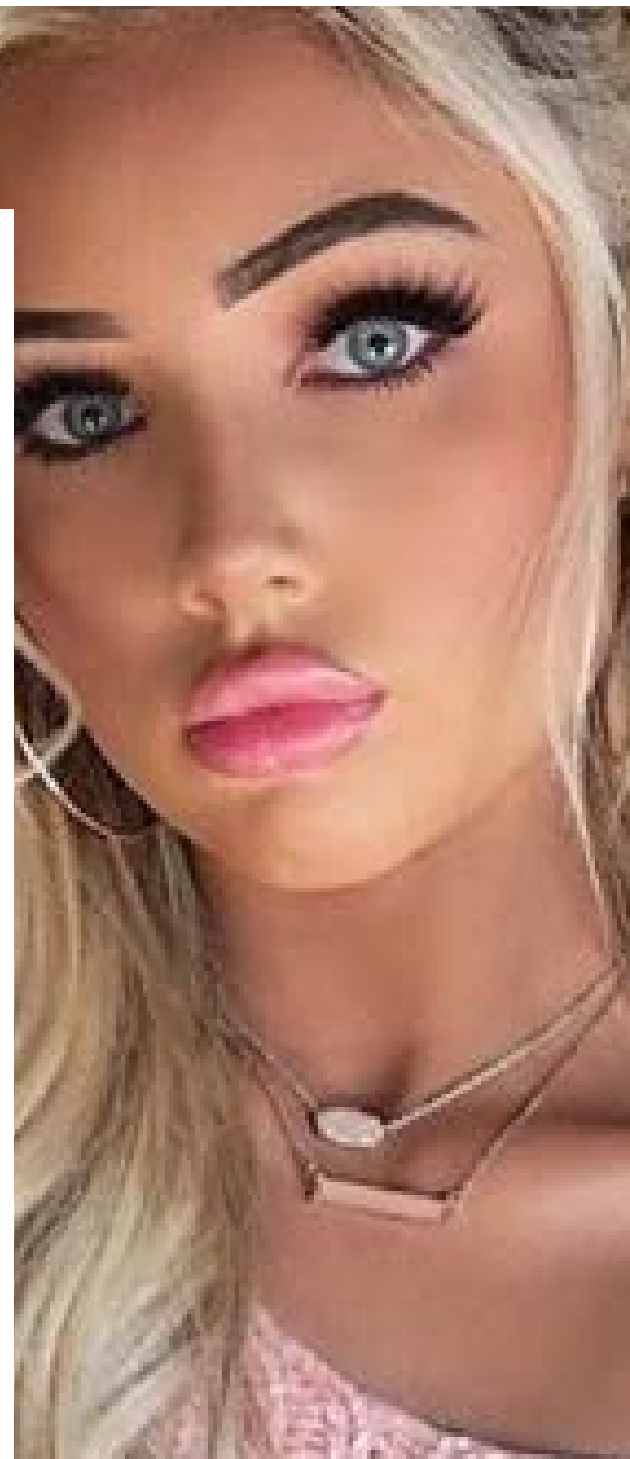
While there are numerous things you can do to help your Sissy think of herself as more and more of an airhead, one of the primary tools is her own appearance. Obviously makeup to make her eyes look larger, high arched eyebrows to make her look constantly surprised, large puffy lips to make her look like she is constantly confused... all of these alterations will look back at him in the mirror and remind him that he is nothing more than a bimbo.

But the number one weapon at your disposal to push him fully into empty brained slut is to bleach her hair. You do not need this to be permanent, but becoming a bleach blonde bimbo breaks even the most stubborn male brains.

Staring into the mirror at the blonde sex-kitten that looks back at him every day, makes

the primal part of what is left of his male brain engorge. With no release and a constant arousal for the image he sees reflected back at him, he will soon be forcing the girl in the mirror to act out little shows to tease and torment him. As he parades his own bimbo sluttiness in the mirror, the wall between pretending to be a blonde slut and actually being one becomes muddy and will finally break.

That is when she starts to question her own sense of self. Her constant surprised and vapid look into her own large eyes reflects little going on other than the obsession with arousing the person looking at her. And since that person is herself, the engorged male brain deflates and leaves little left other than an obsession with looking beautifully desirable.



The old adage of "blondes have more fun", ironically does not apply to Sissies. In fact, going bleached blonde for most Sissies is an emotional torment of loss of self.

Mistresses are encouraged to force the hair color change to be a clean sweep and to make the Sissies carpet match her drapes. Obviously this should be done with an elegant grooming with little more than a tiny landing strip or a groomed heart above her chastity.

Seeing the feminine blonde tuft each time she looks down only further distances her from her former reality .

This hair color need not last forever, and, in fact, should be altered at whim to further keep the Sissy feeling helplessly out of control about her own destiny. But it is highly encouraged to leave her this way for AT LEAST a year, in order to fully let her sink into the role of brainless bimbo.



LIVING ON THE EDGE

Nothing melts a male brain faster than arousal. Men are led by their dicks and Sissies are no different. By controlling that dick, you have the ultimate weapon in creating a mental subspace. The longer a Sissy goes being overstimulated and unable to release, the more her brain can only focus on one thing. Keeping that one thing out of her reach makes the focus even greater and pushes and all rational thought out the window.

This is why it is so important to edge your Sissy constantly. This is not a once a day thing. This is an hourly occurrence. Chastity by itself is not enough, it has to be reinforced with a constant, mind-melting arousal.

This may seem overwhelming. Having to edge your Sissy hourly does, on the surface, sound like a tedious and exhausting chore. Never fear, as there are many ways to do this with your Sissy and with only a little bit of work and encouragement, you can train them to do this to themselves.

Sissies want to be aroused. It is their natural state. This is the primary reason to overly feminize and eroticize their wardrobe. It is not enough to dress them like a woman. You must dress them as an erotic sexually charged creature at all times. This instantly pushes their erotic buttons and helps make it easy to get them to that brain-oozing point of subspace.





Permanent chastity with constant erotic stimulation is not enough long term however, which is why remote control devices have become so popular. In the old days, Sissy owners had to constantly tease and torment their captives to keep them stimulated. Now you can literally program a pair of panties or an anal plug to stimulate them however often you wish. All you need do is require that the Sissy wear the item, or better yet, lock it onto them.



In addition to the physical stimulation, a constant mental arousal is required for your perpetually horny slut. Mandatory porn and erotica viewing should be scheduled into their routine. While it may seem like a waste of good cleaning or serving time, these scheduled arousal sessions serve a purpose.

Remember that they are not able to release this pent up arousal, so you need not fear them losing interest in you. If anything it will heighten their attention to you and create an almost worship like attitude towards your affections.

It is important to also consider that Sissies are visual creatures. Their mandatory edging sessions should be gazing upon visual stimulation. It is encouraged to start them with predominantly lesbian erotica and then slowly transition them into more extreme forms of domination pornography. You want them to identify more and more with the female being dominated and used, even as they lust after them. As their arousal continues to grow to maddeningly levels, you can move them to female POV videos. Remember too that you can completely adjust their fetishes and obsessions based off of what you require them to watch.

With no orgasm release, constant erotic stimulation from their outfits and surroundings, mandatory edging sessions and a small focus from yourself to keep them focused on their own arousal, you will quickly see your Sissy descend into a sub-space level of arousal. This leaves no room for rational thought and firmly secures your Sissy into the realm of air-headed bimbo.

*A Sissy is only
as good as her
training.
Why settle for
anything but
the best.*

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*Enroll
him
today!*

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***This woman has a secret!
She and her husband both
wear the same panties.***

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Cayenne spends her nights earning back the money spent to turn her into the bimbo slut she was always meant to be.

While still protesting that she is not gay, the constant wetness between her legs as she lap dances for guy after guy each night has made the tiny male voice in her head begin to question that assumption.

The male mind is very much associated with the job that they do. One of the key components to pushing your Sissy into a more submissive and mental blank slate is to force them into a profession that encourages sexuality over thought.

Turning her constant arousal into her self-identified profession further solidifies that her brain power should be utilized to further her career. It is useful to set goals for your sissy in this job. Objectives such as 'x number of tips', 'x number of subscribers' or 'x number of men sexually pleased' forces her to apply herself to this career and to constantly think about how to achieve this goal. By having her thoughts return again and again to the vapid concept of arousing others, it leaves even less room in her head for other things.

take a

POOR



GENIUS TO BIMBO

This month we sit down with Amber Lynn. Five years ago, Amber graduated Magna Cum Laude from a prestigious Ivy League School. Of course, these days, CUM is the only one of those words she still knows. She has not had an orgasmic release in close to six years, and this formerly formidable intellectual giant is now little more than a drooling set of holes for the taking.

How did this happen, you ask?

This genetically heterosexual alpha male is now a prime, practical example that the techniques we have been detailing in our special Bimbo edition of Mistress Monthly do, in fact, work.

Take a look at the picture to the left. Amber's girlfriend had only recently discovered that her boyfriend Adam had a sizable trust fund coming to him after graduation. With the help of a high-end chastity cage, a brunette wig and a little elbow grease, Adam's girlfriend created Amber. Adam submitted easily during his last years of college, playing the game as a way to escape the pressure of academics. He was soon wearing skimpy lingerie under his clothes to class and spending his nights parading around his apartment under the watchful eye of his girlfriend.

FLOWERS FOR AMBER LYNN

Fast forward two years. Graduation came and went and due to the job market being in flux, Adam took a gap year, dipping into the trust fund to support himself and his girlfriend. With no job and no obligations, the descent into sissy games was easy to both encourage and achieve. His blonde locks had long since grown out removing the need for a wig, his body softened under an unknowing infusion of two years of hormones in his diet, and his clothes became sluttier and sluttier with each passing week. With no need to leave the house, and no escape from chastity, he was totally dependent on his girlfriend... especially once she threw away all of his male attire and hid access to his credit cards.

The first stumbling block was his enrollment in a Sissy etiquette class online. This required a uniform and a daily virtual attendance. Adam felt he was not ready to return to the rigorous life of Academia. A little erotic manipulation from his Mistress pushed through the resistance, and Adam found himself registered in multiple online classes for Sissy training.

There were multiple hurdles throughout this time, predominantly his push-back towards some of the „how to pleasure men' classes, but with the right erotic motivation and the pent up arousal trapped between his legs, he persevered and completed the online segment of his education all while living a full Sissy lifestyle with his girlfriend at home.

He flat out refused to attend the in-person labs for his first year classes. He had yet to be seen by others in his new lifestyle attire, and Adam, for the first time, tried to actively stop what he called ‚the game'.

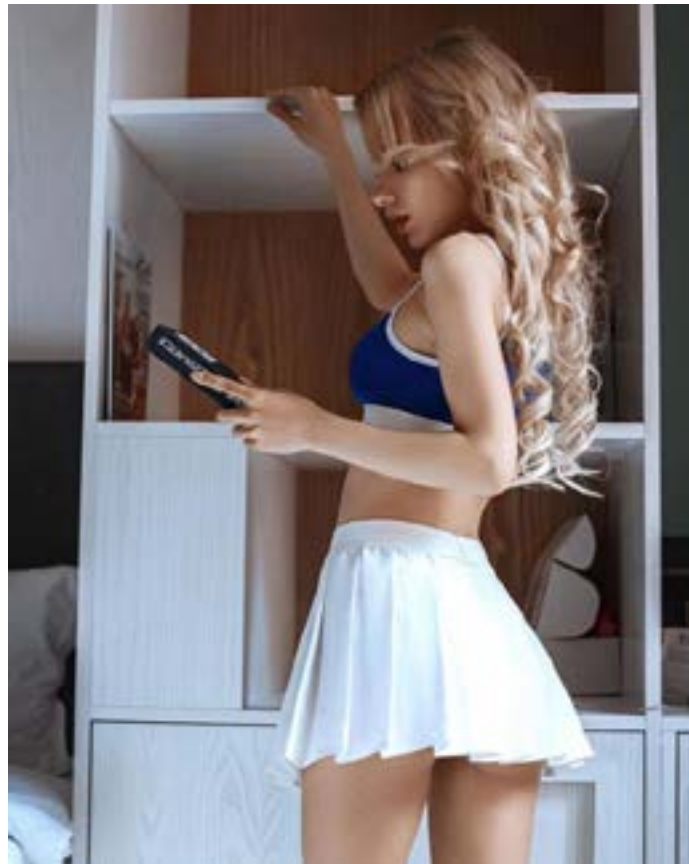


By this point, there was little he could do to stop it. He had no wardrobe, nor access to his financial accounts. He no longer looked like his identification, and his ever-diminishing penis was locked away out of his reach.

Being led by collar and leash down the stairs from his apartment was a breaking point for Adam, with his thoughts being now entirely focused on his appearance, his humiliation and his maddeningly intense arousal.

Daily in person classes at the Sissy Academy altered Adam quickly. As part of the terminal degree at the Sissy school, he was forced to sign over legal and medical Power of Attorney to his owner.

With both control of the finances and the legal rights to do so, his Mistress quickly scheduled Adam for his first set of breast implants.



The constant immersion in Sissy lessons combined with his changing body and loss of identity found Adam struggling to find a way out of the trap he was in. Yet the constant arousing stimuli and his altering female body kept him from being able to formulate a complete plan for escape.

He passed with a C average from his first year of classes. This was a blow to Adam's ego, as he had never made anything below an A in his life. His Mistress was quick to point out that his white male privilege had likely contributed to his easy grades and now he was having to work. Perhaps, she suggested casually, he was not as smart as he thought.

His second year of classes came with yet another

Amber Lynn's Mistress is available for consulting work and is quite affordable. If you have a situation that requires forcibly transforming a male who does not WISH to be a Sissy, it is vital to reach out and have aid from a reliable consultant.

You can find Amber Lynn's Mistress on Amber's personal website along with the associated fees and availability.

breast enlargement as well as minor enhancements to his lips, waist and ass. He found the loss of medical power of Attorney as one more thing to berate himself over. How could he have been so stupid?

This was hammered home as he saw that his trust fund had been moved out of his personal account. Finding himself completely penniless and at the mercy of his Mistress turned Adam into a weeping, helpless mess. The apartment they shared was no longer in his name and the only way out of the hole would be to talk to his family. Yet he could not figure out how to have the conversation, especially looking and sounding as he did now.

Adam's second year of Sissy school was a challenge. The labs, especially were a struggle, as they seemed designed to force him into constantly sexually stimulating situations. The ones involving men were the worst as he was often called dumb and stupid for not being able to complete these practical exams as easily as others.

His Mistress even enrolled him in remedial classes for



some of these and hired him a male tutor to help him master some of the oral exams he was consistently failing.

The week of his final exam, Adam signed the name and sex change deed as part of the test, officially becoming Amber Lynn. It was the threat of disclosure to her Father that trapped her into the decision.

Little did Amber know that there was a large graduation party planned for her that forced a face to face meeting between father and 'daughter'. The video of Amber's father unknowingly hitting on Amber while the Sissy stood there wide-eyed and slack-jawed was a huge hit on social media and led to the Sissy being disowned from his family and completely dependent on his Mistress.

With no good employment options outside of her new Sissy skills, Amber Lynn now makes a very comfortable living for both herself and her Mistress through a personal website, OnlyFans, Chaturbate and Pornhub.

When asked directly how she could ever have let herself be turned into this helpless, slutty porn star, Amber Lynn had only one things to say:

"God, I'm such a dumb bimbo!"





Send us photos of your Sissies in progress and we will share them with our readers!

ASK MS. MASTERS

*Dear Ms. Masters,
I have enrolled my husband Penni in the Princess Camp that you suggested back this time last year. While I admit he does look precious in the outfit (see attached photo), I am less than happy with the shift to online learning. I understand the need, but I fear he is not getting the full experience. There is no ballroom dancing, staircase presentation or in-person humiliations at all. How do I make his online Princess experience more rewarding.*

Royal in Rhode Island

Dear Royal -

The move to online learning has hit the entire Sissy training community hard. It is difficult to fully immerse Sissies in their lessons through a computer screen and in an environment that feels familiar. This too shall pass and we will go back to actively training these sluts in person very soon. In the meantime, I would suggest looking at Penni's learning environment. If your living space permits, consider converting a small area of your home into a princess room. The damsel in distress locked in a room is a favorite trope among fairy tales and by immersing your Sissy into that fantasy of being held prisoner in a tiny space (perhaps with some light bondage thrown in) you can easily get her in the right mindset of flirting with potential Princes and being a prize to be won. Even a small space will do and think of it as a 'tiny house' kind of project. After all, she doesn't need large amounts of space to begin

with. Or convert HER bedroom into a princess tower and lock her in there for a few months until we get back to normal. Kudos to her continuing transformation. Her little pink leotard really highlights her figure!

*Dear Ms. Masters,
My Sissy is complaining that her chastity cage is too heavy and that being locked in it 24/7 is causing his equipment to hurt. Is this true, or just another excuse to be let free?*

Abigail Brimford

Abigail -

It is more than likely just a whining excuse in hope that you'll let the little bitch free every so often. I suggest buying a much smaller and tighter cage and only then removing the current one only to replace it with the smaller, lighter model. It is always fun to surprise them with something that they are not expecting after all.

Dear Ms. Masters,

I did a glamour photoshoot with my Sissy recently and the photos turned out soooooo good. It got huge attention on my instagram and I have been approached by a modeling company who wants to audition my Sissy. I tried to do some research on the company and they range all the way from classy photo shoots to full-on sissy porn. How do I know if they are reputable and what precautions do I need to take before I sign my husband up as a model?

Karen

ASK MS. MASTERS

Karen -

There are many different levels of modeling companies and it sounds like you are on the right track. First you research what they do. Do not be turned off by the hardcore stuff, in fact, it is encouraging that this is on their website as it means that they are most likely adhering to adult model union rules and not trying to hide stuff under some shell company. Plus it may allow you to make quite a pretty penny off your Sissy should you ease him into the more hard-core photo shoots. As with all of these types of endeavors, read the contract and if you have the means, have it reviewed by a lawyer. I have found it to be great fun to drag my Sissies into a law office to have their degradation legally explained in front of them. Ask questions, and do not EVER feel like you can not back out of an agreement. Ultimately though, as long as no physical damage is done to your Sissy, does it really matter if she is taken advantage of? Just remember to keep perspective.

*Dear Ms. Masters,
I have been using surgical alterations as punishments for my Sissy for the last six years (see attached photo). As you can no doubt tell, she has needed to*

be punished a lot and I find myself in a situation where there is only one last big surgery that would make a difference. Using it as a threat no longer seems to work as it almost feels like she would rather have the SRS than stay as a ,chick with a dick'. I've been threatening it for so long that I feel like I have lost one of my main tools now that he is no longer afraid of it. How do I regain that sense of fear and dread from her and should I take the plunge and remove the appendage?

Alicia

Alicia -

There comes a time when you have to flip your threat and it sounds like your curvy little slut is at that point. (She looks great by the way). If she is now keen on becoming more female and has lost the connection to her former manhood, re-establish the connection. Perhaps threaten him with a larger penis (or a futanari situation) and schedule him for erectile dysfunction help. Pills that make him more erect inside his chastity is a far worse punishment than surgery to remove it.



MEET MS. PARSONS

When training Sissies, the help of a good hypnotherapist is key. There is a long-standing myth that no one can be hypnotized to do something they do not secretly want to do. While this is true on the face of things, the best Sissy hypnotherapists plant seeds to change what the Sissy wants long before they are ever hypnotized. Be aware that this article and interview deals with 'long-term' Sissy conditioning and is not something to be entered into unless you plan on keeping your Sissy for a number of years.

Miss Parsons, you have had a long and established career as a Sissy Hypnotherapist, despite being somewhat young yourself. How long have you been doing this?

Officially as a job I have been hypnotraining Sissies for the last fifteen years, since I graduated from Grad school. Unofficially I've been doing this since I was in middle school.

You found your calling early.

(laughs) I did.

And what draws you to the Sissy mind?

Well, the obvious answer is, it is easy and it pays well. Sissies are already easily susceptible to suggestion, and most Mistresses and Masters pay well for results. The longer answer is, I enjoy the control and watching them sink into something they do not like or want and then discover that they love it.

But do they love it, or do you convince them that they love it?

Does it matter?

I suppose not, although I expect it matters to the Sissies.

THE WORLD'S FOREMOST
FORCED FEMINIZATION
HYPNOTIST

NOTE: The photos on the following pages are actual clients of Ms. Parsons and printed with permission of their personal therapist.

CONTROL

Yes, but see, that doesn't matter. Once they accept that they are Sissies, their likes and dislikes cease to be a concern. They are there for the pleasure of others. Period.

And if they don't want to BE a Sissy?

I'll say it again, does it matter? As long as the end results in them being happy and fulfilled, does it matter what they want?

Walk me through the process, start to finish. How do you get the results you are known for?

When a Sissy is brought to me, they are almost ALWAYS reluctant. Most have had a fantasy about being a Sissy from time to time, but have convinced themselves that it is only a part-time fetish or game. The first two weeks of daily sessions is to have them explore what it is like to go further into the fantasy. A low dose of arousal medication is prescribed during this time and chastity is mandatory with the key being held in the office so there is no opportunity for release.

So you hold their key?

Oh, yes. They obviously cannot be in possession of it as they will cheat and oftentimes their wives or girlfriends do not want to listen to the whining. Easier to have it here for emergency purposes but safely out of reach.

So what do you talk about during this two week period?

Their arousal mainly. What turns them on and what turns them off. Inevitably this leads to a discussion on feeling like a failure as a man and on that breakthrough we begin to look at the difference between them and what real men are.

So you make them compare themselves to real men?



Exactly. This is done more hypothetically at first, but quickly becomes the norm of the conversation. This establishes in their brains that they are NOT real men even when they are pretending to be.

Do they object to this?

By the time they get here, they logically see it as hypothetical, but their subconscious is already taking notes and submitting to the

idea that they are not men, but something else.

A sissy!

Correct! It is around three weeks in that I begin introducing that word into the session and calling them by what they are.

Surely most of them do not like this.

Most do not even notice if it is introduced slowly and correctly. Again, it is introduced more as

a hypothetical about someone else. An imaginary construct that they share traits with. Their subconscious brain accepts that they are a Sissy long before I ever address them as such.

Are they dressed as men during these sessions?

At first, yes. At the end of the first session, I insist that they wear panties to every session so that we can explore those feelings. By the end of week three, they will be in full lingerie sets under their male clothes.

When does the hypnosis begin?

Well as you have probably deduced, I've already planted triggers through repetition and suggestion. I generally schedule the first hypno session around the end of the first month of daily sessions.

Are they reluctant?

Always! I remind them that I can not make them say or do anything that they don't want to. Of course, I don't disclose that I've already primed them to want to say and do more than they think they do.





What happens during this first hypnotherapy session?

There is a lot of basic logistics to get through. You want them primed to be hypnotized easier next time, you want them to only vaguely remember the session, you want them to come out of the session feeling good, happy, healthy, that kind of thing. I generally implant a vague concept or two of wanting to be more agreeable and wanting to please others. Most everyone genuinely wants to do these things as a concept but hate doing it in real life, so it's an easy starting point.

And they don't remember the sessions?

Not really. More like a waking dream. They come to and are warm and feeling pleasant. I also use that session to up the dosage of Viagra and to switch out their chastity cage for a smaller model. I suggest to them while they are under that the new cage is more comfortable and that they think it looks bigger.

So even though you made it a smaller cage, they think it looks the same size as it was?

Right.



So then what?

Well with the first hypnosis done and the triggers in place to make them easier in the future, each daily session has at least a thirty minute hypnosis built into it.

And the other thirty minutes?

Manipulating them into thinking things are their idea, altering their inherent likes, dislikes and sexuality, and generally teasing them a little about how feminine and submissive they are becoming.

Teasing them?

By the end of the first month it is incredibly easy to steer into their guilt and embarrassment and the teasing helps push arousal into those feelings.

How long do you keep your Sissy patients in therapy?

Most stay indefinitely. There is always room for improvement after all, and always new barriers to break down.

From the dirty mind of
MELISSA DANIELS

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